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Identity is
who we are.”

Hannah Geraci

**Bible Verses:**

Psalm 139:13-14

*"For you created my inmost being;
you knit me together in my mother's womb.
I praise you because I am fearfully and wonderfully made; your works are
wonderful, I know that full well."*

Psalm 139:13-14**Session 1:**

Identity is who you are. As Christians, we believe that our identity comes from God the Creator who saw us before we were born. God doesn't make mistakes and delights in who we are. The problem is that the world and our enemy tells us lies. Instead of listening to the lies, let's discover our God given identity.

"Identity is who we are."

01

How would you define identity?

02

When you think of your five year old self, what do you like about who that person is?

03

Do you have a moment where someone said something hurtful about who you are?

04

What stood out to you the most from Psalm 139:13-14?

**NEXT STEPS:**

Create a list of five truths about your identity from Psalm 139. Put the list in a place you can read it daily this week.

**Reference the Activity Guide if you'd like to add a game/activity to your lesson*